



2009/2010 Skills Clinics

Thornleigh Baseball Club are expecting to run a skills clinic for all registered Junior players

In the past these have always been popular because they give the younger players a chance to develop basic skills and confidence, and for the older players a chance to improve the skills they have already developed.

Dates for these clinics are still TBA.

Coaches are also encouraged to participate in these clinics as they provide an opportunity to learn new training and coaching techniques.

Participants will be put through a large and varied selection of training exercises that will be focused on developing their all round skills, including throwing, catching, pitching, fielding etc. We are confident that all players will benefit from attending these clinics. We would also encourage coaches, managers and parents to attend because they will also learn a lot of coaching techniques that they will be able to utilise in future training sessions.